

Did you see David Walliams swimming down the Thames and thought "I'd love to do that!" – no? Us neither. However what we did think was how cool it would be to take the distances swam in training and the Club Championships and plot it on a river to see just how far you can swim. The good news is that this can be done, and all in the name of fundraising for your club, with a donation also being made to Sports Relief!

How? We hear you ask..... simples!!

The swimmers in lesson groups Minnows; Catfish; Elfin and Hammerhead will take part in a sponsored swim on Friday, 25th November. The swimmers will have 20 minutes to swim as many widths as they can, and we will add these widths together to see just how far our swimmers combined managed to swim!

The swimmers in lesson groups Marling; Great White and Tiger will take part in a sponsored swim on Friday, 25th November. The swimmers will have 50 minutes to swim as many lengths as they can, and we will add these lengths together to see just how far our swimmers combined managed to swim!

The swimmers in Transition, Junior and Senior squads will be measured slightly differently. Each swimmer can register themselves on http://www.swimming.org/swimfit/register/ and can keep track of their own achievement! The coaches will keep a record of how far each swimmer swims during their training sessions, plus the Long Distance and Club Championships. At the end of each week the swimmers will be given a slip advising how far they have swum that week, the swimmers can then input this information themselves into http://www.swimming.org/myswimfit/setup/profile This will continue until after swimming on Friday, 25th November – and we can see just how far each of these squad swimmers can swim up the Thames – just how many budding David Walliams' do we have? Just remember, the more sessions you attend, the further you can go!!

The only other thing that swimmers now need to do is to gain sponsorship! Money raised will go towards the increased running costs of your club – oh, plus a bit to Sport Relief, just to thank David Walliams for giving us the idea!



